



TRADER JOE'S®

This gluten free product list has been produced in an effort to make shopping a bit easier for our favorite label reading customers. Individual reactions to products may vary — so use your best judgement and decide what works for you.

Gluten Free

Although most of the products do not state “gluten free,” they appear to be appropriate for people on gluten free diets. At the time we checked, the natural flavors, vanilla, food starches and vinegars used in these products were gluten free. We also carry many other gluten free products that did not make it on this list at time of print. ‘Natural flavors’ and ‘spice’ listings in our private labeled products are gluten free. This list does not include information regarding cross-contamination. As such, use this list at your own risk.

If you have a child with gluten intolerance or for more information on Celiac Disease, contact the Celiac Support Group in your area.

Always Read the Label: Ingredients and Nutritionals Change.

We’ve made every effort to be accurate at the time of publication. We introduce new products all the time, so keep your eyes open.

Product availability varies by region

Bakery

- 100% Corn Tortillas
- Food for Life Brown Rice Bread
- Gluten Free French Rolls
- Ryeless Rye

Bars

- Detour Caramel Peanut
- Detour Peanut Butter
- Lara Bar Apple Pie
- Lara Bar Cherry Pie
- Lara Bar Ginger Snap
- Organic Food Bar* Chocolate Chip
- Organic Food Bar* Omega-3-Flax
- Organic Food Bar* Vegan
- Odyssey Caramel Nut Bar
- Think Thin Brownie Crunch
- Think Thin Chocolate Fudge
- Think Thin Chunky Peanut Butter
- Think Thin Divine Peanut Butter Caramel
- Think Thin Divine Peanut Butter Chocolate
- Think Thin Peanut Butter
- Tiger’s Milk Peanut Butter
- Tiger’s Milk Protein Rich

Beverages

Non-Dairy Beverages — Dairy Substitutes

- Organic Rice Milk, Original
- Organic Rice Milk, Vanilla
- Organic Soy Milk, Original
- Organic Soy Milk, Unsweetened
- Organic Soy Milk, Vanilla
- Soy Milk Fat Free, Original
- Soy Milk Fat Free, Vanilla
- Soy Milk, Chocolate
- Soy Milk, Original
- Soy Milk, Strawberry
- Soy Milk, Vanilla
- Westsoy 100% Organic Unsweetened Soy Beverage, Original
- Westsoy Lite Soy Beverage, Vanilla

Fresh Juice

- Carrot Juice
- Grapefruit Juice
- Mango & Antioxidants
- Orange Juice (all varieties)
- Pineapple Orange Juice
- Protein with Pzazz
- Samantha* Tangerine Juice
- Strawberry Smoothie
- Super Cee
- Very Blue Juice

Juices

- 100% Juices
- Apricot Peach Medley
- Berry Patch
- Blackberry Crush
- Dixie Peach
- Dynamo
- Dynamo with Calcium
- Grape Juice
- Grapefruit Spritzer

- Gravenstein Apple Juice
- Just for Kids Juice Boxes
- Macintosh Apple
- Old Fashioned Sparkling Apple Cider
- Organic Cranberry Apple Juice
- Organic Cranberry Harvest
- Organic Grapefruit Sunset
- Organic Italian Volcano Orange Juice
- Organic Mango Nectar
- Organic Morello Cherry Reserve
- Organic Taming of the Blue
- Serious Juice, Apricot
- Sir Strawberry juice
- Sparkling Apple Juice
- Sparkling Cranberry Juice
- Vitality

Soda

- Grapefruit Italian Soda
- Hansen’s* Soda - Sweetened, Sugar Free
- Reed’s* Extra Ginger Brew
- Villa Italia* Soda, Lemon
- Villa Italia* Soda, Orange

Water

- Crystal Geyser* Alpine Spring Water
- Fiji* Natural Artesian Water
- Natural Spring Water
- Poland Spring* Sparkling Spring Water
- San Pellegrino* Sparkling Mineral Water

Unless a brand name is specified, products are Trader Joe’s brand. (Brand names in italics)

Gluten Free

Beverages *(continued)*

Other

Arizona Black Tea Decaffeinated
Arizona Diet Green Tea with Ginseng
Arizona Green Tea Decaffeinated
Arizona Green Tea with Ginseng and Honey
French Market French Berry Lemonade
French Market Lemonade
French Market Orangeade
French Market Pink Lemonade
Green Tea, Unsweetened
Kashi GoLean Shake, Chocolate and Vanilla
Oregon Chai Original
Organic Mango Lemonade
Parisia Sparkling Pink Lemonade
Tejava Unsweetened Tea
Triple Espresso Latte
Triple Espresso Mocha
Worldwide Pure Protein Shakes

Candy

Note:
Food Glaze does NOT have gluten
Almond Clusters
Chocolate Orange Sticks
Chocolate Pineapple Sticks
Chocolate Raspberry Sticks
Chocolate Sunflower Seed Drops
Chocolate Toffee Almonds
Christopher's Assorted Fruit Jellies
Cocoa Almonds
Coffee Rio's
Dark Chocolate Covered Cherries
Dark Chocolate Covered Espresso Beans
Dark Chocolate Covered Ginger
Dark Chocolate Covered Raisins
English Toffee
Fruit Leather - All Flavors
Honey Nutty Seedy Crunchies
Imported Belgian Chocolate Sea Shells
Milk & Dark Chocolate Covered Almonds
Milk & Dark Chocolate Covered Cashews
Milk Chocolate Covered Raisins
Milk Chocolate Cranberries
Milk Chocolate Peanuts

Organic Dark Chocolate 73% Super Dark Bar
Organic Dark Chocolate Truffle Bar
Organic Dark Chocolate with Raisins & Pecans Bar
Organic Milk Chocolate Truffle Bar
Organic Milk Chocolate with Raisins & Pecans Bar
Pastilles alla Ghirardelli
Peanut Butter Cups
Pecans Praline
Pound Plus Chocolate Bars – all
Shufra Halvah
Semi-Sweet Chocolate Chips
The Ginger People Ginger Chews
Tub of Truffles
Yogurt Covered Blueberries
Yogurt Covered Cherries
Yogurt Covered Cranberries
Yogurt Covered Raisins

Cereals

EnviroKids Organic Crispy Rice Bar - Chocolate
EnviroKids Organic Crispy Rice Bar - Peanut Butter
EnviroKids Organic Gorilla Munch
EnviroKids Organic Koala Crisps
EnviroKids Organic Peanut Butter Panda Puffs
Flaxseed Meal
Sweetened Corn Puffs

Coffee & Tea

Bagged Teas
Coffee Beans
Ground Coffee

Cookies

Meringues, Cappuccino
Meringues, Chocolate Chip
Meringues, Lemon
Meringues, Mint
Meringues, Vanilla
Mini Coconut Macaroons
Mini Meringues, Toasted Coconut
Mini Meringues, Very Chocolate

Dairy

Cheese

Boursin Cheese
Cabot Cottage Cheese
Cabot Whipped Cream
Cheese Blocks & Wedges (except Blue Cheese)
Shredded Cheese, Jarlsberg
Shredded Cheese, Mozzarella
Shredded Cheese, Parmesan
Whipped Cream Cheese, Regular and Lite

Other

Cabot Butter (Salted, Unsalted)
Canoleo 100 % Canola Margarine
Chocolate Pudding
Corman Light! Butter
Dairy Ease Lactose Free Milk
Earth Balance Natural Buttery Spread
Eggs
Garelick Fresh Extra Heavy Whipping Cream
Garelick Naturals Colossal Coffee Lowfat Milk
Kemp's Chocolate Milk
Garelick Ultimate Chocolate Lowfat Milk
Milk
Organic Milk
Rice Pudding
Papetti Foods All Whites
Papetti Foods Liquid Egg Whites
Tapioca Pudding
Yogurt: All flavors except Vanilla and Vanana*

* Vanilla in yogurt is extracted using grain-based alcohol.

Non-Dairy — Dairy Substitutes

Cultured Soy Yogurt, Peach
Cultured Soy Yogurt, Raspberry
Cultured Soy Yogurt, Strawberry
Soymilk, Chocolate
Soymilk, Organic Original
Soymilk, Vanilla

Dried Fruit, Nuts & Trail Mix

All Raw and Roasted Nuts
Antioxidant Nut and Berry Mix
Candied Pecans
Cherries, Cashew and Chocolate Jubilee Trek Mix
Chocolate Cranberry Crunch Trail Mix
Coconut Cashews
Confetti Trek Mix
Cranberry Trail Mix
Crystallized Ginger
Diced Fruit Salad
Dried Fruits (not Dates)
Dried Granny Smith Apples
Dry Roasted Edamame
Go Raw Trek Mix
Marcona Almonds
Marcona Almonds with Rosemary
Nut Meals, Almond
Nut Meals, Walnut
Orange Flavored Dried Cranberries
Organic Banana Chips
Organic Trek Mix with Chocolate Chips, Almonds, Cranberries
Pistachio, Almond and Cherry Mix
Rainbow Trail Mix
Roasted Soy Nuts
Simply Almonds, Cashews and Cranberries Trek Mix
Simply the Best Trek Mix
Simply Cashew Trek Mix
Sunflower Seeds
Sweet, Savory and Tart Trek Mix
Sweet and Spicy Pecans
Tempting Trail Mix
Trek Mix with Macadamia, Cashews and Pineapple

Gluten Free

Fresh & Refrigerated

Spreads, Salsas & Dips

Baba Gannouj
Balela
Bett's Cheddar Cheese & Horseradish Spread
Black Bean & Roasted Corn Salsa
Cantare Olive Tapenade
Cantare Olive Tapenade with Goat Cheese Feta
Cheese Torta Gorgonzola
Cheese Torta Pesto Dried Tomato
Chipotle Pepper Hummus
Dolmas
Fresh Mozzarella Ovalini
Fresh Salsa, Hot and Mild
Fresh Salsa, Hot (chunky)
Garlic Hummus
Gazpacho
Guacamole
Guacamole, Avocados Number
Guacamole, E= Guaca Salsa²
Kalamata Hummus
Original Hummus
Organic Hummus
Rising Sun Farms Gorgonzola Cheese Torta
Rising Sun Farms Pesto Dried Tomato Cheese Torta
Roasted Garlic Hummus
Roasted Red Pepper Hummus
Scallion Hummus
Soy Garden Soy Margarine
Spiral Ham with Glaze Pack
Sun Dried Tomato Hummus
Traditional Hummus

Dressings, Marinades & Sauces

Balsamic Blue Cheese Dressing
Creamy Basil Reduced Fat
Creamy Cilantro Dressing, Reduced Fat
Genova Pesto
Low Fat Parmesan Ranch Dressing

Meat & Meat Substitutes

Abraham Prosciutto
Applegate Antibiotic Free Andouille Turkey Sausage
Applegate Antibiotic Free Roast Beef
Applegate Farms Roasted Turkey Breast
Applegate Farms Turkey Bologna
Applegate Farms Turkey Hot Dogs
Best in Show Uncured Beef Hot Dogs
Busseto Premium Genoa Salami
Carando Prosciutto, Thin Sliced
Celebrity Healthy Ham
Chef Pronto Grilled Balsamic Chicken
Chef Pronto Grilled Chicken Strips
Chef Pronto Grilled Lemon Pepper Chicken
Chicken Breakfast Sausage
Frederick Usinger Pastrami
Healthy Ham
Kayem Deli Bologna
Kayem Deli Sliced Honey Cured Ham
Kayem Honey Smoked Turkey Breast
Kayem Roast Beef
Kayem Turkey Breast
Mesquite Smoked Turkey Breast Sliced
Organic Extra Firm Tofu
Organic Firm Tofu
Prosciutto Di Italia
Roasted Garlic Chicken Sausage
Spicy Jalapeño Chicken Sausage
Sun Dried Tomato Chicken Sausage
Sweet Italian Chicken Sausage
Uncured Bacon
Usinger's Cooked Bratwurst
Usinger's Cooked Corned Beef
Usinger's Knackwurst
Yorkshire Farms All Natural Uncured Turkey Bacon
Yorkshire Farms Bacon
Wellshire Farms Premium Beef Franks

Seafood

Byrd Deluxe Crab Meat
Herb Dijon Salmon
Just Salmon
Pacific Supreme Sliced Smoked Salmon
Pacific Supreme Smoked Coho Salmon Fillet with Pepper
Scottish Salmon
Sliced Gravlax
Sockeye Salmon

Other

Butternut Squash Soup
Chicken Caesar Salad*
Chicken Curry Salad
Chinese Chicken Salad**
Gorgonzola & Walnut Salad
Greek Salad
Krinos Imported Kalamata Olives
Pitted Kalamata Olives
Sliced Kosher Half Sour Dill Pickles
Soy Cheese Slices
Sushi Veggie Rolls***

* The Caesar Salad has gluten-containing croutons that are packed separately and easily removed.

** The Chinese Chicken Salad has gluten-containing fried noodles that are easily removed.

*** The Sushi Veggie Rolls contains a separate soy sauce packet that is NOT gluten free.

Frozen

Desserts

Crème Brûlée Aux Fruit Rouges
David Glass Ultimate Chocolate Truffle Cake*
* *David Glass* 77% Less Fat version is NOT gluten free.
Double Rainbow Blueberry Ice Cream
Double Rainbow French Vanilla Ice Cream
Double Rainbow Mango Tangerine Sorbet
Double Rainbow Ultra Chocolate Ice Cream
Fruit Floes, Caribbean
Fruit Floes, Lime Juice
Fruit Floes, Strawberry
Gone Bananas Chocolate Dipped Bananas

Sharon's Sorbet, Coconut
Sharon's Sorbet, Passion Fruit
Sharon's Sorbet, Raspberry
Soy Cream, Mango Vanilla
Soy Cream, Very Cherry Chip
Soy Delicious, Chocolate Velvet
Soy Delicious, Creamy Vanilla
Tofutti Chocolate Fudge Treats*
Truffle Bites

* Maltodextrin is corn derived and is gluten free.

Fruits & Vegetables

Trader Joe's Plain Frozen Fruits and Vegetables are packaged without gluten.

Meat and Meat Substitutes

Australian Burgers
Australian Strip Steak
Beef
Buffalo
Chicken
Lamb

Other

Bacon Wrapped Scallops
Biryani
Chicken Biryani
Chicken Tandoori Rice Bowl
Cooked Organic Brown Rice
Cooked Organic Jasmine Rice
Chicken Masala
Handcrafted Chicken & Cheese Tamales
Handcrafted Chicken Taquitos
Handcrafted Green Chile & Cheese Tamales
Nasi Goreng
Pacific Northwest Crinkle Wedge Potatoes
Ratatouille Stir Fry
Shepherds Pie (Beef)
Shrimp Stir-Fry
Southwest Style Turkey burger
Sweet Potato French Fries
Thai Style Lemongrass Chicken and Seasoned Rice
Wheat Free Toaster Waffles

Seafood

Trader Joe's Plain Frozen Seafood is packaged without gluten

Gluten Free

Groceries

Baking and Cooking Supplies

100% Canola Oil
100% Canola Oil Spray
Apple Cider Vinegar
Balsamic Vinegar, Genuine
Balsamic Vinegar of Modena, Gold Quality
Black Truffle Oil
Cranberry Chutney
Crushed Garlic
Florida Crystals Natural Milled Cane Sugar
Garlic Oil
Light Coconut Milk
Macadamia Nut Oil
Olive Oil
Olive Oil Spray, Extra Virgin Italian
Orange Muscat Champagne Vinegar
Seasoned Rice Vinegar
Soybean Oil
Spices of the World, 21 Seasoning Salute
Spices of the World, Garlic Powder
Spices of the World, Savory 4 Pepper Blend
Toasted Sesame Oil
Wasabi Oil
White Balsamic Vinegar
Wholesome Foods Organic Sugar

Canned Chicken and Fish

Alaska Pink Salmon
Alaska Smoked Salmon
Albacore Solid White Tuna in Water
Albacore Solid White Tuna in Water, No Salt Added
Chopped Sea Clams
Chunk White Chicken
Chunk White Turkey
Crab Meat
Genova Light Tuna in Olive Oil
Pink Salmon Skinless, Boneless
Tongol Chunk Light Tuna
Tongol Chunk Light Tuna, No Salt Added

Chilies, Chowders and Soups

3 Bean Beef & Chili
Beef Chili with Beans
Butternut Squash Soup
Caribbean Vegetable Soup
Chicken Chili with Beans
Chicken Broth 99% fat free
Creamy Corn Chowder (potbelly)
Imagine Creamy Sweet Corn Soup
Imagine Organic Creamy Butternut Squash Soup
Imagine Organic Creamy Tomato Soup
Imagine Organic Free Range Chicken Broth
India Sambhar Lentil Stew
Kitchen Basics Natural Beef Flavor Stock
Kitchen Basics Natural Chicken Stock
Kitchen Basics Natural Roasted Vegetable Stock
Lentil Soup with Vegetables
Lentil Soup with Vegetables (potbelly)
Moroccan Butternut Squash Soup
Miso Soup 4pk
Organic Black Bean Soup
Organic Creamy Tomato Soup
Organic Lentil Vegetable Soup
Organic Red Pepper & Tomato Soup
Organic Vegetable Broth
Organic Vegetarian Chili
Premium Chicken Stew
Split Pea Soup, Low Fat, Reduced Sodium
Rich Onion Soup (potbelly)
Roasted Corn Tortilla Chowder
Salmon Chowder
Spanish Chicken Stew
Vegetarian 3 Bean Chili

* Beef Chili and Chicken Chili contain modified corn starch; Maltodextrin is from corn and is gluten free.

Spreads, Salsas & Dips

Almond Butter, Dry Roasted, Salted and Unsalted
Almond Butter, Organic Raw
Almond Butter, Raw Creamy Unsalted
Apple Butter
Artichoke Salsa
Cashew Butter
Cashew Macadamia Butter
Chili con Queso Cheese Dip
Double Roasted Salsa
Dijon Mustard
Fat Free Smoky Black Bean Dip*
Fat Free Spicy Black Bean Dip*
Honey, Clover
Honey, Creamed
Honey, Mesquite
Imported English Authentic Lemon Curd
Major Grey's Mango Chutney
Mango Salsa
Organic Yellow Mustard
Peanut Butter, Creamy
Peanut Butter, Crunchy
Peanut Butter, Organic
Peanut Butter, Salted
Peanut Butter, Unsalted
Pico de Gallo Salsa with Organic Tomatoes
Pineapple Salsa
Real Mayonnaise
Reduced Fat Mayonnaise
Roasted Garlic Salsa*
Saki Wasabi Mustard
Salsa Authentica*
Salsa Verde
Soybean Butter, Creamy
Soybean Butter, Crunchy
Spicy, Smoky Peach Salsa
Sunflower Seed Butter
Wasabi Mayo
Sweet Kalamata Spread
Vidalia Relish

* Salsas use vinegar derived from corn.

Dressings, Marinades & Sauces

Annie's Raspberry Lowfat Dressing
Balsamic Vinaigrette
Balsamic Vinaigrette, Fat Free
Balsamic Vinaigrette, Organic
Bruschetta
BBQ Sauce
Creamy Prosciutto Pasta Sauce
Cuban Mojito Sauce

Curry Simmer Sauce
Fire Roasted Green Chili Sauce
Kansas City BBQ Sauce
Ketchup, Organic
Mango Sauce
Maple Syrup 100% Pure
Marinara di Napoli
Marinara Sauce
Masala Simmer Sauce
Moroccan Tangine Sauce
Organic Marinara Sauce
Organic Marinara Sauce, No Salt Added
Organic Dried Tomato and Basil Pesto
Organic Red Wine and Olive Oil Vinaigrette
Organic Spaghetti Sauce
Organic Tomato Basil Marinara
Pizza Sauce, Fat Free
Pesto alla Genovese Basil Pesto
Portabello Mushroom and Caramelized Onion Pasta Sauce
Pinjur
Punjab Spinach Sauce
Roasted Garlic Marinara
Roasted Red Pepper Marinade
Romano Caesar Dressing
Rustico Pasta Sauce
Seafood Cocktail Sauce
Spreads of the World, Carmelized Onion, Fig and Balsamic
Spreads of the World, Mango Coconut
Sriracha Sauce
Sugo di Pomodoro Sauce
Sweet and Sour Sauce
Sweet Chili Nuoc Cham Dipping Sauce
Thai Red Curry Sauce
Three Cheese Pasta Sauce
Tomato Basil Marinara
Tuna in Red Curry Sauce
Tuna in Yellow Curry Sauce
Tuscan Italian Dressing with Balsamic Vinegar
Tuscano Marinara Sauce, Low Fat
Vodka Marinara
Whole Peeled Pear Tomatoes with Basil in Tomato Juice
Whole Peeled Pear Tomatoes with Basil in Tomato Juice, No Salt Added

Groceries

(continued)

Fruits & Vegetables

Apple Apricot Sauce
Apple Raspberry Sauce
Applesauce, First Crush
 Unsweetened Gravenstein
Applesauce, Organic Unsweetened
Apricot Halves in Syrup
Apricot Sauce
Artichoke Hearts in Water
Black Beans
Chunky Spiced Apples
Colossal Olives Stuffed with
 Garlic Cloves
Colossal Olives Stuffed with
 Jalapeño Peppers
Cuban Black Beans
Cranberries in Juice
Dark Morello Cherries
Dolmas in Olive Oil
Dried Roma Tomatoes
Eggplant Caponata Appetizer
Fat Free Refried Black Beans
 with Jalapeño Peppers
Fire Roasted Red Peppers
Fire Roasted Sweet Red Bell
 Peppers
Fire Roasted Yellow & Red Peppers
Garbanzo Beans
Grilled Vegetable Bruschetta
Hearts of Palm
Julienne Sliced Sun Dried Tomatoes
Lemon Dill Sauce
Mandarin Oranges in Light Syrup
Marinated Bean Salad
Marinated Mushrooms with Garlic
Marinated Red Peppers
Michigan Blueberries in Light Syrup
Mingling Olives
Mixed Olive Bruschetta
Nonpareille Capers
Organic Baked Beans
Organic Black Beans
Organic Garbanzo Beans
Organic Kidney Beans
Organic Pinto Beans
Peach Sauce
Pear Halves
Pistol River Dried Porcini
 Mushrooms
Pitted Moroccan Oil Cured Olives
Red Kidney Beans
Red Pepper Spread with Garlic
 and Eggplant
Sun-Dried Tomato Bruschetta
Stuffed Queen Sevilliano Olives

Tuscan Bean Medley
Vegetarian Refried Pinto Beans,
 Salsa Style
Zenith Dolmas

* Stuffed Olives use vinegar derived
 from corn

Grains

Arborio Wide Grain Risotto Rice
Basmati Rice Medley
California Brown Aromatic Rice
California Rice Trilogy
Genuine 100% Brown Basmati Rice
Genuine 100% Jasmine Rice
Genuine 100% White Basmati Rice
Indian Fare Palak Paneer
Indian Fare Pav Bhaji
Indian Fare Punja Bholey
Organic California White
 Basmati Rice
Organic Quinoa
Pad Thai Noodles
Organic Brown Rice Penne Pasta
Organic Brown Rice Spaghetti
 Pasta
Risotto with Cheese
San Gennaro Polenta, Traditional
Spanish Rice
Thai Kitchen Garlic & Herb Instant
 Rice Noodles
Thai Rice Noodles
Wild & Basmati Rice Pilaf
Wild Rice

Jams, Jellies and Preserves

Fresh Fruit Preserves
James Keiller & Son Dundee
 Orange Marmalade
Lemon Curd
Organic Reduced Sugar Preserves
Prince of Denmark Preserves

Other

Organic Chocolate Midnight Moo
Parmesan & Romano Cheese Blend
Tasty Bite Meals

Snacks

Chips

BBQ Chips
Blue Corn Tortilla Chips, Salted
Blue Corn Tortilla Chips, Unsalted
Chili & Lime White Corn Tortilla
 Chips
Guacamole Tortilla Chips
Hawaiian Aged White Cheddar
 Potato Chips
Inka Roasted Plantain Chips
Kettle Krisps, Low Fat
Mango Tortilla Chips
Mini White Rounds, Bite Size
 Tortilla Chips
Organic Baked Blue Corn Tortilla
 Chips, Salted
Organic Tortilla Chip Rounds
Potato Chips
Potato Crisps, Roasted Garlic and
 Parmesan
Potato Crisps, Original
Restaurant Style Tortilla Chips
Salsa Tortilla Chips
Skinny Chips, Soy
Soy and Flaxseed Spicy Tortilla
 Chips
Soy and Flaxseed Tortilla Chips
Soy Crisps, BBQ
Soy Crisps, White Cheddar
Spiced Tortilla Chips
Sweet Mole Tortilla Chips
Terra Exotic Vegetable Chips
Terra Red Bliss Potato Chips
Terra Sweet Potato Chips
Unsalted Tortilla Chips
Vegetable Medley Tortilla Chips
Veggie Chips
White Corn Tortilla Chips,
 Restaurant Style
White Corn Tortilla Strips, Salted

Crackers and Rice Cakes

Lightly Salted Rice Cakes
Lundberg Organic Brown Rice
 Cakes
Savory Thins
Savory Thins, Mini

Popcorn

Fat Free Caramel Popcorn
Gourmet White Popcorn
Lite Popcorn 50% less salt
Macadamia Nut Clusters
Rosencrunch and Guildenpop
 Popcorn
White Cheddar Popcorn

Other

Calbee Snapea Crisps
Reduced Fat Cheese Crunchies
Reduced Fat Cheese Puffs
Robert's Gourmet Pirate's Booty
Unburied Treasure White
 Cheddar Corn Puffs

Supplements

Trader Joe's supplements are
gluten free with the following
exceptions:

- Very Green Drink Powder and
 Very Green Capsules
 (contains barley)
- Note:** the following 2 supplements
contain annatto; some people
choose to avoid this ingredient.
- Tangerine Zinc Lozenges
 - GummiVites
 (Gummivites also contain Fruitrin,
 which is gluten free)